## OUR BEVERAGES

Choose from fresh orange juice, apple juice, our smoothie of the day, English breakfast tea (20kcal) or freshly brewed coffee (20kcal)

## HELP YOURSELF TO OUR BREAKFAST TABLE

Your choice of locally baked breads, pastries, gluten free bakes, cereals, fruits, yogurts, cheeses and cold cuts.
12.95

## ORDER A HOT DISH

Order one hot dish from our menu for 19.95
(continental breakfast included)

## Grill Bacon Bap(736kcal)

buttered floured bap, grill back bacon

Sausage Bap (715kcal)
grilled 4oz Cumberland sausage

## Double Fried Hens <br> Eggs (532kcal)

buttered floured bap, two hens eggs (v)

Full English Breakfast (599 kcal)
Crisp cured back bacon, black pudding, Cumberland sausage, grilled mushroom, baked beans, hash browns

Have eggs cooked to your liking
Scrambled(108kcal) poached (75kcal) boiled (119kcal) or fried (75kcal)

Eggs Benedict (443 kcal)
with oven baked ham

Eggs Royale (443 kcal)
with Smoke Salmon

Eggs Florentine ( 394 kcal )
with buttered wilted spinach (v)

Poached eggs, toasted Lancashire muffin, hollandaise sauce,

## Porridge (197kcal)

Made with your choice of milk, topped with compote, fruits and toasted seeds (v)

American Style Pancakes (397kcal)
Seasonal berries \& maple syrup (v)

Avocado on Sourdough (190kcal)
With poached eggs, pomegranate seeds (v)

Vegan \& Gluten Free options are available, please speak to your server for more details

