

LOCALLY ROASTED COFFEE

Our coffee is produced right here in Manchester by **Salford Roasters**, a family business who focus on micro-roasted, speciality coffee of single origin that's ethically sourced and sustainable - their mission is to bring 'proper coffee' back to our neighbourhood.

FROM THE COUNTER

Pecan Plaits 2.25 | Croissants 1.95
GF/Vegan Choc-Avo Muffin 2.75 ^{UF}
Flowerpot Muffins 2.25
Selection of Loafs & Cakes from 2.25
Add any regular hot drink for 2.00

SNACKS

Giganti and Nocellara Olives ^{UF} Lemon, roasted garlic	3.00	Salt and Pepper Crispy Fried Squid Aioli	3.95
Roasted Baby Chorizo Romesco sauce, aioli	3.50	Hummus with Chilli and Lime ^U Warm pitta bread	3.50
King Prawns Garlic butter, parsley	4.50	Local Freshly Baked Breads ^U Wholemeal, sourdough, focaccia, rye, Derby Hill farm butter	3.95
Padron Peppers ^{UF} Garlic, olive oil, lemon	3.00		

SOUPS

Lancashire Onion Soup	6.95
Homemade Roast Vine Tomato Soup ^{UF}	6.95
Organic Leek and Fine Herb Soup ^U	6.95

Soup and Sandwich Deal 9.00

Enjoy a warming bowl of homemade soup and a hearty sandwich from our Grab and Go selection

SALADS

Mamucium Caesar Salad Anchovies, Parmesan, garlic and virgin olive oil dressing	7.95	Edamame Multigrain Salad ^U Feta, figs, avocado, lemon dressing	6.95
Plum Tomato and Mozzarella Salad ^U Rocket, basil, balsamic	6.95	Thai Beef Salad Radish, beansprouts, cucumber, sesame seeds, soy and palm sugar dressing	8.95
Grilled Cajun Chicken Salad Blue cheese, apple, toasted walnuts, shallot and honey dressing	8.95		

Our Grab and Go Daily Salads

Selection of fresh salads boxed daily for your convenience

DELI SANDWICHES

The Club Grilled bacon, chicken, fried egg, mayonnaise, lettuce, tomato, fries	10.95	Roasted Portobello Mushroom & Goat's Cheese ^U Folded flatbread, petit salad	8.50
Tuna, Red Onion and Cucumber Wrap Tzatziki, crumbled feta	7.50	Sliced Bloomer with Honey Roast Ham Wholegrain mustard mayonnaise, house slaw	7.50
Grilled Steak Sandwich Italian ciabatta, Bowland Brewery onion chutney, fries	10.95		

Our Grab and Go Daily Sandwiches

Selection of fresh sandwiches boxed daily for your convenience

PLEASE LET US KNOW IF WE CAN GET YOU SOMETHING SPECIAL FOR THOSE LITTLE FINGERS.

SHARER

Mezze ^U Hummus, marinated feta, giganti and nocellara olives, friarelli, stuffed vine leaves, falafel, sourdough and focaccia	10.95	Antipasti Cured prosciutto, salami, mortadella, burrata, friarelli, giganti and nocellara olives, sourdough and focaccia	12.95
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^{UF} Vegan ^U No meat or fish. **FOOD ALLERGIES & INTOLERANCES:** before you order your food and drinks please speak to our staff if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens. Prices include VAT. All prices are in pound sterling.